



FROM THE SEA TO THE BRIERE Saint-Nazaire / Saint-Malo-de-Guersac

10.7 km 45 minutes

Departure: Place du Commando - Saint-Nazaire

Arrival: Rozé - Saint-Malo-de-Guersac

Characteristics:

- Itinerary on quiet roads and cycle paths
- Follow La Carène itinerary n°11:

Saint-Nazaire Tourist Office (44600)

12, Bd de la Légion d'Honneur -
Tel. +33 (0)2 40 22 40 65
www.saint-nazaire-tourisme.com -
contact@saint-nazaire-tourisme.com

On leaving Trignac, you will head north on a very pleasant greenway, gradually entering the relaxing vast open spaces of the Brière marshes. Don't miss the climb up to the Rozé viewpoint and its 128 steps for a breathtaking view of this landscape stretching to the horizon, dotted with bell towers here and there, and the bridge of Saint-Nazaire in the distance.

TO SEE ON THE WAY..

• **The Forges of Trignac**

Visible from afar, the immense silos and furnaces of the Forges de Trignac are symbolic in the industrial heritage of the 19th century, of which there are still some impressive remains. The factory ceased to operate in the 1930s and the site is not accessible to the public today, but it is illuminated on the night of 31 December.

• **Rozé Immersion in the Briere**

In the commune of Saint-Malo-de-Guersac, the Rozé site is the ideal gateway to the Brière marshes for all nature lovers! This is the departure point for walks and barge rides, and there is also a 24-metre-high viewpoint with an exceptional panoramic view of this 7,000-hectare wetland and a breathtaking 360° view of the surrounding area. A few hundred metres away, go as far as the Pierre Constant Regional Nature Reserve and its bird observatories to get closer to nature.

• **The Brivet Musée de la Marine en Bois**

This wooden marine museum, created by an association of enthusiasts, presents the astonishing maritime vocation of this small town in the Brière region: over the centuries, many inhabitants of Montoir were sailors, and they were also boat builders, as shown by the shipyards along the Brivet, the last tributary of the Loire. Their expert know-how was renowned, and it was only natural that from the 1860s onwards, the locals of Brière were the first workers at the brand new shipyards in Saint-Nazaire. This marked the beginning of the great transatlantic history of Saint-Nazaire... in the Brière! In summer, the visit to the museum can be combined with a pleasant guided trip on a barge along the Brivet as far as the port of Rozé: these trips are known as the "Remontées du Brivet", and they are organised by the Groupe Animation Tourisme Montoirin.

• **La Chaumière Briéronne and the Maison de la Mariée**

We recommend making a detour to the beautiful island of Fédrun to discover these two visits managed by the Brière Regional Nature Park. Visitors will be taken on a real journey back in time, to discover the traditional Brière habitat and an original tradition: that of wedding globes and orange blossoms made from wax.



FIND OUT MORE..

• **The barge**

The unmissable activity in Brière? A barge ride of course! This traditional flat-bottomed boat can be used to explore the marshland. Once the only means of transport for the inhabitants, it is now the activity that combines history and exploration for our visitors in search of contemplation and authenticity. On a barge ride, you can expect plenty of fresh air and an experience to reconnect with nature. Get ready for a getaway and to disconnect from reality...



CONTINUE ON YOUR WAY..

- Itinerary n°15 "Saint-Nazaire - Pornichet along the coast"
- Itinerary n°16 "The Loire by bike - Saint-Nazaire loop"

BIKE RENTAL COMPANIES

- **Vélycéo** - 8, place Pierre Sépard - Saint-Nazaire
Tel. +33 (0)800 10 51 10
- **Self-service electric bicycles (VAE)**
Train station, Place Pierre Sépard - Saint-Nazaire submarine base, Bd de la Légion d'Honneur - Saint-Nazaire
- **Self-service electric bicycles (VAE)**
Rozé port site - Saint-Malo-de-Guersac



