



THE LOIRE BY BIKE - SAINT-NAZAIRE LOOP Saint-Nazaire town centre



9km



45 minutes

Departure: Train station, Place Pierre Sépard - Saint-Nazaire

Arrival: Train station, Place Pierre Sépard - Saint-Nazaire

Characteristics:

- Route through the town
- Seaside route
- Follow the Loire à Vélo signposting



Saint-Nazaire Tourist Office (44600)

12, Bd de la Légion d'Honneur
Tel. +33 (0)2 40 22 40 65
www.saint-nazaire-tourisme.com -
contact@saint-nazaire-tourisme.com

Let yourself go along the Loire à Vélo loop in Saint-Nazaire: a 10 km ride for a breathtaking discovery of the Loire estuary from a unique angle! A very pleasant cycle path will take you along the seafront to the Place du Commando, the festive and friendly heart of the town.



TO SEE ON THE WAY..

• Art in the city

Saint-Nazaire is a colourful place to be! For several years now, the city has given artists carte blanche to paint many of its buildings. On your route you will come across a giant eagle, the work of the Chinese artist Daleast, and a monumental Toqué Frères liner painted as a tribute to the city of Saint-Nazaire for the event The Bridge, on Rue Ferdinand Lesseps. A complete map of the artworks is available at the Tourist Office.

• The fisheries

Most of these fisheries are carefully maintained and come alive when their owners come fishing here, depending on the weather and tidal range. You can then see the carrelets in action, the large square nets are lowered and raised to catch fish and shellfish. At low tide, don't hesitate to walk on the sand, underneath these typical huts from this part of the coast.

• The Sammy

What is this monumental statue that adorns the Saint-Nazaire waterfront? This American soldier carried by an eagle commemorates the arrival of American troops in Saint-Nazaire during the First World War, from 1917. It is the work of American sculptor Gertrude V. Whitney, and it has had an eventful history: inaugurated in 1926, demolished in 1941 by German troops, and finally rebuilt as an exact copy in 1989.

• Le Pied, le Pull-over et le Système Digestif

Daniel Dewar and Grégory Gicquel's 'The Foot, the Pullover and the Digestive System' is a set of three monumental sculptures, that are more or less under water depending on the tides. This new permanent work of the 'Estuaire' itinerary, created in situ, is the culmination of the development of the Commando Square, which has become a great new place to meet up!



FIND OUT MORE...

• Escal'Atlantic, the adventure of the legendary liners

Tel. +33 (0)2 28 540 640 - www.saint-nazaire-tourisme.com - visite@saint-nazaire-tourisme.com

In the heart of the submarine base, Escal'Atlantic invites you to come and explore the world of transatlantic liners. The tour, inspired by the architecture of an ocean liner, reveals the secrets of these legendary ships, from the daily life of the passengers to the secrets of the engine room. Visitors explore the decks and passageways, dream up on the deck, discover collectors' items, treasures from Normandy or France... this is an unforgettable experience.

Opening period: all year round except in January - Self-guided tour - duration 1.5 to 2 hours
Reservations are compulsory.



CONTINUE ON YOUR WAY..

- Itinerary n°15 "Saint-Nazaire-Pornichet along the coast"
- Itinerary n°17 "From the sea to the Briere"



BIKE RENTAL COMPANIES

- **Vélocéo** - 8, place Pierre Sépard - Saint-Nazaire Tel. +33 (0)800 10 51 10
- **Self-service electric bicycles (VAE)**
Submarine base - Bd de la Légion d'Honneur - Saint-Nazaire
train station- Place Pierre Sépard - Saint-Nazaire



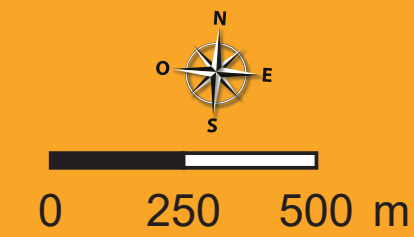
9 km 45 minutes



Itinerary n°15
Saint-Nazaire - Pornichet
along the coast

Itinerary n°17
From the sea to Brière

Plage de Villès-Martin
aire à Terre de Villès-Martin



— Main route on a cycle path
— Main route on a quiet road
— Connecting route