

TOUR OF THE COAST Le Croisic





Access from Batz-sur-Mer, follow signs to the city centre

Le Croisic Tourist Office 6 rue du Pilori +33 (0)2 40 23 00 70

这 THE PORT OF LE CROISIC

Thanks to its geographical location, the maritime vocation of Le Croisic was a natural choice. Since the Middle Ages, the town has been the Peninsula's main exporter of salt, taking advantage in particular from the increasing sand deposits in the port of Guérande from the 16th century. Shipowners and merchants displayed their success in the stone of the houses built along the quays.

Commercial activity thrived up until the 18th century, and then nevertheless declined in favour of fishing and then shellfish farming, facilitated by the large strait. Le Croisic has established itself as the leading cockle breeding centre in France. After discovering the 'Petite Cité de Caractère' (charming little town) of Le Croisic, a protected haven at the entrance to the strait, this trail takes you along the customs officer's path to the tip of the Peninsula, then along the wild coast. Here, nature takes over. The granite cliffs, which are battered by the waves of the Atlantic, are an ideal landmark for seabirds to enjoy.

- To the left of the train station, enter the Mont Esprit Park. Go up the steps, past the chicanes. On your left, the summit of Mont Esprit offers a 360° view of the Peninsula and the Le Croisic strait, the salt marshes and the Pointe de Pen Bron. Return to the route and go right out of the park. At the roundabout, turn left onto Rue de Parcs which then leads onto Rue du Bassin. It runs alongside the strait and naturally turns to the left. When you arrive at the port, go along the quays to Mont Lenigo.
- After crossing Mont Lenigo, on the footbridge side or on the mountain side, head slightly to the left onto the Quai Port Charly, then straight ahead onto Avenue de Saint-Goustan. You'll pass by the former Saint-Jean-de-Dieu sanatorium. It opened in 1844 and was the first bathing establishment on the Côte d'Amour before being bought by the hospital order of Saint-Jean-de-Dieu. It then became a sanatorium for young boys. A medical establishment until 1996, it has since been transformed into a hotel. 150 m after the roundabout, turn right, then take the 1st left. From the road, admire the manors of Ker Groaz and Saint-Goustan.
- At the end of this small road, head slightly right to join the coastal path. The vegetation is sensitive to trampling, please stay on the path. 2 feet might not harm nature, but 20,000 will destroy it! For almost 6 km, go along the seafront on the customs officer's path. Small sandy areas have developed between the wave-beaten rocks. Facing the ocean, villas with sometimes surprising architecture evoke the beginnings of seaside tourism on the Peninsula.
- 3 When you reach the Baie du Crucifix, turn left into the avenue bearing the same name. At the end of the street, at the Crucifix chapel, turn left onto Rue Emmanuel Provost. Then take the 2nd right, Boulevard du Général Leclerc to the Place du 11 juin 1940. Finally, turn left to return to the train station.

쓭 TO SEE ON THE WAY...

- the view of the large strait from the viewpoints at Mont Esprits and Mont Lenigo
- the 'Petite Cité de Caractère' (charming little town) and the seaside architecture
- the Wild Coast
- seabirds: Icelandic black-tailed godwit, geese, sandwich terns... and in winter, razorbills and common murres



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